

Austin Police Retired Officers Association

143 Morris Lane

Cedar Creek, Texas 78612

www.aproa.org

President - George Vanderhule

Past President - Tommie Haffelder

Vice President- Elizabeth Merrill

Secretary/Treasurer - Randy Malone

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Board 3 Dennis Farris

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Update September 1, 2021

September 8, 2021 Meeting

Make your plans today to attend the September 8, 2021, meeting. We will meet at 12:30 PM, at the APA Building, 5817 Wilcab Rd.

Update - Tobacco Cessation 101 Class

(If you have a smoker on your health insurance you can save \$25 a month)

Note - Retirees, spouses and domestic partners who smoke but who do not have access to computer see instructions at bottom of this article.

Below is a list of upcoming Tobacco Cessation 101 classes. Retirees, spouses, and domestic partners who use tobacco can avoid the \$25 per month tobacco premium in 2021 if they complete the class. Note: Must register for and attend Parts 1 and 2 to receive credit. Parts 1 and 2 must be completed within 30 days.

Go to this Website to the Tobacco Cessation 101 Class Schedule to register, we could not get the link to work in our e-mail.

<http://www.austintexas.gov/departments/retired-employee-benefits-program>

- Part 1: Sept 6 – Mon 9:00 – 11:00a Webinar
- Part 2: Sept 20 – Mon 9:00 – 10:00a Webinar
- Part 1: Oct 7 – Thurs 1:00 – 3:00p Webinar
- Part 2: Oct 21 - Thurs 2:00 – 3:00p Webinar
- Part 1: Oct 12- Tues 10:00 – 12:00p Webinar
- Part 2: Oct 26 – Tues 10:00 – 11:00a Webinar
- Part 1: Nov 1- Mon 9:00 – 11:00a Webinar
- Part 2: Nov 15 – Mon 9:00 – 10:00a Webinar
- Part 1: Nov 3 – Wed 3:00 – 5:00p Webinar
- Part 2: Nov 17 – Wed 3:00 – 4:00p Webinar
- Part 1: Dec 7- Tues 1:00 – 3:00p Webinar
- Part 2: Dec 21 – Tues 1:00 – 2:00p Webinar
- Part 1: Dec 6 – Mon 10:00 – 12:00p Webinar
- Part 2: Dec 20 – Mon 10:00 - 11:00a Webinar

No Computer Access for Tobacco Cessation Class?

Retirees, spouses, and domestic partners who smoke but who do not have access to computer will have to call in 5 times to speak to person about smoking at 877-937-7848 (Texas Tobacco Quit Line).

Several of you called into that number and they had no clue what you were calling about as the City of Austin Wellness doe not set up a program for us. The Wellness office advised me that when you call in, let them know you are calling about quitting and would like to enroll in their program. On the first call they will sign you up for the program.5 call telephonic program

Make note of date and time of your calls in case there is an issue as you may be speaking to a different person each time you call in. After making your 5 calls, call 512-974-3284 and ask for Healthy Connections. Remember to let them know you have made the 5 calls. These 5 calls can save you \$25.00 a month which will be added to your insurance premiums if you do not register and take Webinar class, or you do not make your 5 calls. The City advised me that the Retiree is on the Honor system about the 5 calls.

APROA 2021 Social – 10-23-2021

We are booked for Saturday October 23, 2021, at the Creedmoor Community Center, 12511 FM 1625, Creedmoor, Texas 78610, for our next Social. We are inviting the Retired APD Civilians to join us and as always, the event is free to Members, APD Retired Civilians and one guest each. Additional guest will cost \$10.00. We do not have a complete listing of all Retired APD Civilians so if you have contact with some, make sure they know about the event and if they are not getting our e-mails, ask them to contact Randy Malone (512-658-0692 / randy@randymalone.com). RSVP Deadline for the Social – 10-15-2021

Raffle Drawing at Social

We are selling raffle tickets for a Remington 870 - 20g along with a \$200.00 and \$100.00 Visa Gift Card. The drawing will be at the Social, 10-23-2021. We will also be selling tickets at many of the gatherings we have in and around Central Texas. To buy tickets by mail send money to: APROA, 143 Morris Lane, Cedar Creek, Texas 78612. Tickets \$1.00 or 6 for \$5.00 - You do not have to be present to win!

Cut Off date to order by mail 10-15-2021 - To purchase tickets by mail send money to: APROA, 143 Morris Lane, Cedar Creek, Texas 78612

Fish or Chicken?

We will be serving Catfish, but for those who do not care for catfish we will have a limited supply of chicken strips. Every year we run out of the chicken as many who do not pre-order chicken, picks some up. If you prefer chicken, please let us know when you RSVP so we know how much to order.

Desserts for Social Event

We will once again have "a dessert table" so, if you have a favorite dessert you would like to make for this event, please bring it along to share with others.